Travel Notice for Europe – Updated November 30, 2022

Dear Tufts community,

Tufts continues to closely monitor the conflict in Ukraine following the Russian invasion on February 24, 2022. While there is currently limited impact on travelers throughout the region, the situation remains fluid. Anyone planning travel to the region is encouraged to consult with Global Operations on the safety and security environment for your destination.

**Travel to Russia, Ukraine, Belarus, and areas near the border with Ukraine is strongly discouraged.** Tufts and International SOS, the university’s medical and security assistance provider, are limited in our ability to support travelers to these areas. Students intending to travel to Russia, Ukraine, Belarus, or any areas near the border with Ukraine must have their travel reviewed and approved by the **International Travel Review Committee (ITRC).**

**Contact Information**

- Tufts Global Operations: Maureen Handrahan, Assistant Director, International Health and Safety, 617-627-3099 or maureen.handrahan@tufts.edu
- International SOS, Tufts global assistance and security provider: +1-215-942-8478
- Tufts Travel Registry: travelregistry.tufts.edu/

**Advice to Travelers**

- Do not travel to Russia, Ukraine, Belarus, or areas near the border with Ukraine. Faculty and staff travel to these areas is discouraged. Student travel to these areas must be reviewed and approved by the ITRC.
- Those in border regions of neighboring countries should understand the immediate actions to take on hearing air-raid warnings, to include identifying secure locations to shelter in place.
- Review the Department of State Travel Advisory for your destination: travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html/
- Avoid public demonstrations and rallies while abroad as tensions and conflict may escalate quickly.
- Consult with the Office of the Vice Provost for Research (OVPR) at exportcontrol@tufts.edu if you have research collaborations with entities in Russia and Belarus or will be traveling with research materials, data, or technologies.
- Be mindful that many countries are accepting large numbers of Ukrainian refugees which may put medical and other support systems under strain.

**Resources**

- Download the [International SOS Assistance App](https://www.internationalsos.com/en/app) to receive alerts and updates to your phone
- Sign up in the Department of State Smart Traveler Enrollment Program (STEP) at [https://step.state.gov/step/](https://step.state.gov/step/)

If you have any questions or need assistance with a security assessment of your destination, please contact Global Operations at 617-627-3099.