

## Welcome Guide for New Faculty & Scholars

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# Resources for Newcomers

## Getting Around the City:

### Guide to the City of Boston

- Getting Around Boston: <https://www.boston.gov/getting-around-boston>
- Moving: <https://www.boston.gov/moving>
- Winter: <https://www.boston.gov/winter-coming>
- Events: <https://www.boston.gov/events> and <http://www.thebostoncalendar.com/>

### Guide to the City of Medford:

- Medford Community Resource Guide: <http://www.medfordma.org/about-medford/moving-to-medford/>

### Guide to the City of Somerville:

- Information for new residents: <http://www.somervillema.gov/welcome#trash>
- New Resident Welcome Kit: <http://www.somervillema.gov/departments/constituent-services/welcome-kit>
- Winter: <http://www.somervillema.gov/snow>

### Guide to the City of Grafton:

- Town of Grafton website: <https://www.facebook.com/TownofGraftonMA> , <http://www.grafton-ma.gov/>

## Transportation Resources:

### For all campuses:

If you have a mobile device with internet data you can use the following apps to get a ride to your preferred destination

- [Lyft](#)
- [Uber](#)

### For Boston and Medford:

The Massachusetts Bay Transportation Authority (MBTA) or the T offers bus, subway, rail and boat services to the Greater Boston and some nearby suburban areas. The MBTA allows you to get daily, weekly, and monthly passes. If you are planning on using public transportation as your main source of transportation we recommend that you get a CharlieCard. CharlieCards are reusable and rechargeable while CharlieTickets are more flexible. For more information visit the MBTA website here: <http://www.mbta.com/>



### Boston Campus:

Commuting options for the following campuses:

- Visiting the Friedman School of Nutrition: <https://nutrition.tufts.edu/about/visiting>
- Visiting HNRCA: <http://hnrca.tufts.edu/about/directions/>

### Medford Campus:

- Public Transportation: <http://publicsafety.tufts.edu/adminsvc/shuttle-services/mass-transit/>
- Tufts Shuttle Services: <http://publicsafety.tufts.edu/adminsvc/shuttle-services-2/>

**Grafton Campus:**

- Getting Around and Travel Logistics: <http://vet.tufts.edu/about/visit-us/travel-logistics/>  
<http://vet.tufts.edu/about/visit-us/maps-directions-and-parking/>
- Worcester Regional Transit Authority: <http://www.therta.com/>

### Tufts SafeRide Services

The Tufts University Police Department is pleased to offer a re-designed safety service called the Tufts SafeRide, offered for your personal safety. You should use this service as an alternative to walking alone at night. To learn about the services offered by each campus please visit the websites below:

- **Boston Campus:** <http://publicsafety.tufts.edu/police/safe-ride-services-boston-grafton/>
- **Grafton Campus:** <http://publicsafety.tufts.edu/police/safe-ride-services-boston-grafton/>
- **Medford Campus:** <http://publicsafety.tufts.edu/police/safe-ride-services-medford-somerville/>

### Getting a Tufts University Identification

Obtain your picture ID at the Department of Public and Environmental Safety.

You will be issued a University picture identification card. Please keep your I.D. with you while you are on University premises. Entrance to some University buildings and departments, such as libraries. When you leave employment at Tufts, you are required to return any Tufts identification cards, keys, and other University property. When you leave employment at Tufts, you are required to return any Tufts identification cards, keys, and other University property.

- Information for Tufts employees: <http://publicsafety.tufts.edu/adminsvc/id-issuance/>
- Information for affiliates( Visiting scholars not paid by Tufts): <http://publicsafety.tufts.edu/adminsvc/id-issuance/affiliate-authorization-process/>

**Boston Campus:** Location: Biomedical Research & Public Health Building, 136 Harrison Ave., M&V Wing, 1st Floor, Boston, MA 02111. Phone number: 617-636-0392

**Grafton Campus:** Location: Administrative Services Building, 200 Westborough Road, Grafton, MA 01536  
Phone number: 508 887 4392

**HNRCA:** Prior to receiving a Tufts ID to enter the HNRCA building you must await to receive clearance from the Federal government. Please contact your Department to learn about the process.

**Medford Campus:** Location: Dowling Hall, 1st Floor, 419 Boston Avenue, Medford MA 02155. Phone number: 617-627-3692.

### Opening a U.S. Bank Account

As an international scholar you should research the banks you are considering using so they meet your individual needs. Use the banks' websites and feel free to contact the banks via phone, email, or in-person. Do not be afraid to ask any questions you may have.

**Things to consider about U.S. banks:**

- Most banks operate during office hours 9am-5pm Monday-Friday and might be open until 1pm on Saturdays. For the most part, U.S. banks do not open on Sunday.
- You can open a checking or a savings account. Your checking account will allow you to withdraw money from an ATM with a debit card that looks like a credit card for Visa or MasterCard.

- Your checking account allows you to get check books to pay for bills such as rent and utilities. Having a check book is not compulsory.

#### **Some questions to consider before opening a bank account**

- Are there bank offices and/or ATMs near Tufts University?
- What are the fees associated with wiring money from/to overseas?
- What requirements and penalties are there regarding a minimum balance?
- Does my account earn interest?
- Are there monthly service fees or other fees?

#### **Documents needed to open a bank account:**

- Form DS-2019 or I-797
- Passport and I-94 record
- Social Security number (if available)
- Proof of address such as personal mail or utilities bill (varies per financial institution)
- Other documents as required by each particular institution

#### **Most Common Banks in Massachusetts:**

- [Bank of America](#)
- [Capital One](#)
- [Citizens Bank](#)
- [Eastern Bank](#)
- [Santander](#)
- [TD Bank](#)

**\*There are many local banks and credit union facilities around Tufts and your city of residence. Please considerate researching all of your options prior to making a decision.**

#### **Telephone Service:**

When purchasing a cellular (mobile) phone, you will be asked to provide the company with Social Security Number (SSN). The SSN will be used to check your credit information. If you do not have one and are not eligible for one, you will be asked to pay a security deposit. The amount of the deposit varies according to the provider.

Some famous telephone service providers are:

- [AT&T](#)
- [Metro PCS](#)
- [Sprint](#)
- [T-Mobile](#)
- [Verizon Wireless](#)

#### **Weather in New England**

Massachusetts is part of a region in the United States called New England, where the weather is very unpredictable. Although there are four distinct seasons (summer, fall, winter, spring), the weather often changes quickly and dramatically.

Spring starts in late March and ends in late June. Typically it starts out cold and windy. It could be quite rainy and sometimes it may continue to snow into the month of April. Recommended clothing for this season include sweaters, jackets, raincoat and rain boots or waterproof footwear.



The summer months, June-September, can be very hot and humid, with temperatures ranging from 15° to 36°C (60° to 100°F).

Fall runs from late September through mid-November. The region experiences cooler night temperatures and bright sunshine during the day. The fall can also be rainy and occasionally snow. The average temperature ranges from 7° to 10° degrees Celsius (45° to 50° F). Recommended clothing for this season include sweaters, jackets, fall coat, raincoat, light scarfs, and rain boots or waterproof footwear.

The winters (December-March) tend to be cold and wet with snowstorms, and temperatures ranging from 17° to 3°C (0° to 37°F).

Snowing is

particularly frequent beginning in late January through the end of February. During snow season it is recommended to listen to local news and radio regarding governmental (roads, highway, parking) policies, school and business closure announcements. Recommended clothing for this season includes winter coats, hat, mittens, winter boots, thick scarfs, thermal underwear and more.



## Hospitals and Urgent Care Facilities:

### When to visit an Emergency Room (ER) at a Hospital:

First and foremost, the ER is meant for true emergencies and is equipped for nearly any type of medical emergency. Emergency rooms are found at most hospitals and they are typically open 24 hours a day, 7 days a week.

Emergency rooms can handle trauma, x-rays, surgical procedures, and other life threatening situations. Visit the ER for care when you experience any of the following:

- allergic reactions to food, animal or bug bites
- broken bones
- chest pain
- constant vomiting
- continuous bleeding
- severe shortness of breath
- deep wounds
- weakness or pain in a leg or arm
- head injuries
- unconsciousness



**If you have a true emergency go to your nearest emergency room or call 911.**

While the ER can help care for any medical situation, it comes at a steep price. The ER costs an average of three times more than a visit to the urgent care. In a non-life threatening situation, you can most likely be treated at an urgent care.

### **When to go to Urgent Care:**

Visiting an urgent care center is a great alternative where you will be treated quickly while saving money. Most urgent care centers are equipped to handle non-life threatening situations that you can typically find at your doctor's office. Most urgent care centers are open late and on weekends and holidays. A true urgent care center will be staffed with doctors and nurses who have access to x-ray and a lab onsite.

When you need immediate care but you do not have time to see your doctor, urgent care can help you with common conditions such as:

- flu and cold
- coughs and sore throat
- high fevers
- vomiting, diarrhea, stomach pain
- cuts and severe scrapes
- broken bones
- minor injuries and burns
- sports injuries
- and more

#### ***Boston:***

- **Brigham and Women's Hospital:** <http://www.brighamandwomens.org/>
- **Massachusetts General Hospital:** <http://www.massgeneral.org/>
- **Tufts Medical Center:** <https://www.tuftsmedicalcenter.org/About-Us/Overview.aspx>

#### ***Grafton:***

- **Saint Vincent Hospital:** <https://www.stvincenthospital.com/>
- **UMass Memorial Medical Center:** <https://www.umassmemorialhealthcare.org/umass-memorial-medical-center/services-treatments/emergency-care>
- **AFC Urgent Care:** <http://www.doctorexpressworchester.com/>
- **CareWell Urgent Care:** <http://carewellurgentcare.com/locations/woresterfair-ma-greenwood-st-urqent-care/>

#### ***Medford:***

- **Lawrence Memorial Hospital of Medford:** <https://www.hallmarkhealth.org/Lawrence-Memorial-Hospital-of-Medford.html>
- **Hallmark Health Urgent Care :** <https://www.hallmarkhealth.org/Urgent-Care-Center/All-Pages.html>

#### ***Somerville:***

- **Cambridge Health Alliance (CHA) Somerville Hospital:** <http://www.challiance.org/location/somerville-hospital.aspx>
- **CareWell Urgent Care:** <http://carewellurgentcare.com/locations/somerville-ma-urqent-care/>

### **Supermarket (Grocery Stores)**

#### ***Boston*** (near Tufts University-Boston):

- **Roche Brothers:** 8 Summer Street, Boston MA 02110 <http://www.rochebros.com/location/downtown-crossing/>
- **Whole Foods Market,** Charles River Plaza: 181 Cambridge St. Boston, MA 02114 <http://www.wholefoodsmarket.com/>

- **Star Market:** 53 Huntington Ave. Boston, MA 02199 <http://www.starmarket.com/#1>

**Grafton:**

- **Super Stop & Shop:** Country Plaza Shopping Center, 100 Worcester St, North Grafton, MA 01536 [stopandshop.com](http://stopandshop.com)
- **Price Chopper:** 731 Boston Turnpike, Shrewsbury, MA 01545 [pricechopper.com](http://pricechopper.com)
- **Walmart Supercenter:** 200 Otis St, Northborough, MA 01532 [walmart.com](http://walmart.com)

**Medford:**

- **Aldi:** Fellsway Plaza, 630 Fellsway, Medford, MA, MA 02155 [www.aldi.us](http://www.aldi.us)
- **Super Stop & Shop:** Fellsway Plaza, 760 Fellsway, Medford, MA 02155 [www.stopandshop.com](http://www.stopandshop.com)
- **Whole Foods Market:** 2151 Mystic Valley Pkwy, Medford, MA 02155 <http://www.wholefoodsmarket.com/>

**Somerville:**

- **Market Basket:** 400 Somerville Ave, Somerville, MA 02143 [www.mydemoulas.net](http://www.mydemoulas.net)
- **Star Market:** Twin City Plaza, 14 McGrath Hwy, Somerville, MA 02143 [www.starmarket.com](http://www.starmarket.com)
- **Stop & Shop:** 105 Alewife Brook Pkwy, Somerville, MA 02144 [www.stopandshop.com](http://www.stopandshop.com)

**Shopping Centers:**

**Boston:**

- **The Shops at Prudential Center:** 800 Boylston St. Boston, MA 02199 <http://www.prudentialcenter.com/>
- **Faneuil Hall Marketplace:** 4 South Market Bldg, Boston, MA 02109 <http://www.faneuilhallmarketplace.com/>
- **Newbury Street** in the Back Bay neighborhood

**Grafton:**

- **Auburn Mall:** 385 Southbridge St, Auburn, MA 01501 <http://www.simon.com/mall/auburn-mall>
- **Westborough Shopping Center:** 24 Lyman St, Westborough, MA 01581 [westboroughshoppingcenter.com](http://westboroughshoppingcenter.com)

**Medford & Somerville:**

- **Assembly Row:** 100 Foley Street, Somerville, MA 02145 <http://www.assemblyrow.com/>
- **Cambridge Side:** 100 Cambridge Side Pl. Cambridge, MA 02141 <http://www.cambridgesidegalleria.com/>

**Postal Services:**

**USPS**

The United States Postal Services (USPS) is a government operated mailing services company that can be found in almost each city or town in the state of Massachusetts. You can call (800) ASK- UPSPS for information or visit their website at <https://www.usps.com/> . Most post offices are open on weekdays and Saturdays.

- Business hours varies per city. Some post offices open as early as 8am and close as late as 7pm.
- Mail is delivered once a day, Monday through Saturday, except for special delivery mail, which is delivered as soon as it reaches its post office destination.





- When mailing important documents you should talk with a representative about the adding insurance, tracking information or other additional services to your mail.
- Mail will not usually be left at your apartment unless your name appears on the mailbox. You must report your change of address to USPS when you move to a new location.
- You can purchase stamps at a USPS store, online or at a supermarket. Regular mail such as letters can be dropped off at blue mailbox for pick up.

Other Domestic and Int'l mailing companies:

- [FedEx](#)
- [DHL](#)
- [UPS](#)

### Laundromats:

#### **Boston:**

- *Yelp Reviews for Best Coin Laundries:* [Yelp.com](#)

#### **Grafton:**

- *Yelp Reviews for Best Coin Laundries Nearby:* [Yelp.com](#)

#### **Medford:**

- Big Bundle Laundromat: 559 Main St. Medford
- Supersuds Laundromat: 199 Rear Mystic Ave. Medford

#### **Somerville:**

- Powderhouse Laundromat: 138 College Ave., Somerville
- Teele Square Laundromat: 1141 Broadway, Somerville
- Beacon Street Laundromat: 358 Beacon St, Somerville



## Things to do in the Greater Boston Area

### Museums

- **Boston Tea Party Ships & Museum** <https://www.bostontepartyship.com/>  
A live theatrical performance reenacting the "single most important event leading up to The American Revolution". A museum with state-of-the-art technology, original tea crate from the Boston Tea Party in 1773.
- **Isabella Stewart Gardner Museum** [www.gardnermuseum.org/](http://www.gardnermuseum.org/)  
This is a private art museum that houses many important European, American, and Asian art, and has a beautiful courtyard. It is located in Fenway on the **Green** Line. Entrance fees are discounted for anyone wearing Red Sox memorabilia!
- **Museum of Science** [www.mos.org](http://www.mos.org)  
With daily live presentations, over 700 interactive exhibits, and a steady rotation of Planetarium, IMAX, and 4-D films, lectures, and special events, there's always something new going on at the Museum. The Museum is accessible on the **Green** Line subway to Science Park station.
- **The Museum of Fine Arts:** <http://www.mfa.org/>  
A world-class art museum, the MFA is on the Green and can be reached by a shuttle from the Medford campus and on the **Green** Line subway Museum of Fine Arts station. There are different exhibits and events year round. The museum is free for Tufts ID holders.
- **The USS Constitution Museum** <https://ussconstitutionmuseum.org/>  
The USS Constitution Museum serves as the memory and educational voice of USS CONSTITUTION, by collecting, preserving and interpreting the stories of "Old Ironsides." Open 7 days a week, the Museum is located directly across from CONSTITUTION and invites families and guests to swing in a hammock, furl a sail or enlist onboard Constitution as a sailor in 1812! Admission is by donation.

Isabella S. Gardner Museum



For more information about museums please visit: <https://www.bostonusa.com/things-to-do/>

### Places:

- **Boston Common** is the oldest city park in the US, Boston Common was built in 1643 and is a centrally-located, beautiful place in downtown Boston. The park is accessible on the **Red** Line subway to Park Street station.
- **Boston Chinatown** is an area with a high concentration of Vietnamese and Chinese (Hong Kong) immigrants, Boston Chinatown has many restaurants from these cuisines and is the only Chinatown in New England. It is accessible on the **Orange** Line subway to Chinatown station.
- **Faneuil Hall Market Place** <http://www.faneuilhallmarketplace.com/>  
Located in downtown Boston, steps away from the waterfront, Faneuil Hall Marketplace is alive today as it was in 1742 when our nation's fathers proclaimed it "The Cradle of Liberty." Customers enjoy unique, locally loved, and nationally recognized shops while indulging in the worldwide cuisine at the restaurants, pubs, and in the world-famous Quincy Market Colonnade. The site is accessible on the **Blue** Line to Aquarium/Faneuil Hall and on the **Orange** Line to State Street or Haymarket.
- **New England Aquarium** <http://www.neaq.org/>  
The New England Aquarium is a global leader in ocean exploration and marine conservation. With more than 1.3 million visitors a year, the Aquarium is one of the premier visitor attractions in Boston and a major public education resource for the region.
- **Taza Chocolate Factory:** <https://www.tazachocolate.com/pages/take-a-tour>  
The chocolate factory has tours every day of the week and you can book one online at the link above.



Boston Common

- **Trillium Brewing Company:** <http://www.trilliumbrewing.com/#trillium-brewing-events-section>  
Named the best local brewery in New England, Trillium has a large selection of beers and host interesting events from barbeques to yoga.

## Things to Do:



- **Boston Duck Tours** <http://www.bostonducktours.com/>

Boston Duck Tours is a great way to start off your visit to Boston. We give you a great overview of the city, show you many unique neighborhoods and splash you into the Charles River for a breathtaking view of the Boston and Cambridge skylines.

- **Freedom Trail Tour** <http://www.thefreedomtrail.org/>

The trail is a 2.5-mile, red-lined route that leads you to 16 historically significant sites — each one an authentic treasure. Explore museums and meetinghouses, churches, and burying grounds. Learn about the brave people who shaped the U.S. Discover the rich history of the American Revolution, as it began in Boston, where every step tells a story.

- **Great Brook Cross Country Ski Touring Center:**

<https://www.facebook.com/greatbrookski/>

In less than a 30-minute drive from Medford you can escape the city and enjoy the outdoors while cross country skiing, alone or with your family. Rentals available!

- **See the Boston Ballet:** <https://www.bostonballet.org/home.aspx>

Since 1963, Boston Ballet has been one of the leading dance companies in the world on stage, in the studio and in the community. Under the leadership of Artistic Director Mikko Nissinen and Executive Director Meredith Hodges, the Company maintains an internationally acclaimed repertoire and the largest ballet school in North America, Boston Ballet School.

## Boston Sports

- **Red Sox** – Boston’s most famous sports team is the Major League Baseball (MLB) team Red Sox. They play at the historical [Fenway Park](#). The season runs from April through October.
- **Boston Celtic** – Boston’s National Basketball Association (NBA) team. They play at the [TD Garden](#) in Boston. The season runs from October through June.
- **New England Patriots** – The regional National (American) Football League (NFL) team. They play at the [Gillette Stadium](#) in Foxborough, MA. This location is not accessible by public transportation. The season runs from September through February. The iconic Super Bowl is an all-American tradition that captures the attention of numerous families throughout the nation.
- **Boston Bruins** – Boston’ National Hockey League (NHL) team. The team plays at the TD Garden. The season runs from October through April.
- **New England Revolution** – This is the regional Major League Football (soccer) team. Even though they are not very popular, they usually have tickets available. They play at the Gillette Stadium. The season runs from March through October.



Tom Brady and the New England Patriots

## Local Farmers Markets

- **Boston Public Market** <http://bostonpublicmarket.org/>

Hosts local vendors from across Massachusetts and New England. Located at 100 Hanover Street, Boston and open Wednesday to Sunday 8am-8pm. It also hosts "The Kitchen," with year-round programming that encourages a passion for regionally sourced food and appeals to a diverse audience. The Kitchen is a gathering place for all to share and learn about the healthy bounty of Massachusetts. It is the center of community education, programming and interaction, featuring engaging workshops and programs.

- **Haymarket** <http://www.boston-discovery-guide.com/haymarket-boston.html>  
Located close to the Freedom Trail in the historic heart of Boston, Haymarket and the small brick-and-mortar food shops lining Blackstone Avenue form a vibrant market district along with Faneuil Hall Marketplace and Boston Public Market. The shops are accessible on the **Orange** Line to Haymarket station.



Haymarket

- **Somerville Winter Farmers Market** <http://www.somwintermarket.org/>  
This weekly market offers the best locally grown and regionally produced agricultural items including vegetable produce, cheese, eggs, meats, fish, breads, pastries, chocolate, and wine. It features rotating guest vendors each week, as well as live entertainment. Location: 191 Highland Ave, Somerville, MA.
- **Davis Square Farmers Market** <https://www.facebook.com/Davis-Square-Farmers-Market-404743659554925/>  
Fresh, locally-grown fruit, vegetables, meats, baked goods. Rain or shine, holiday or not. Every Wednesday May 18-Nov. 23, (the day before Thanksgiving). Location: Herbert & Day Streets, Somerville, MA
- **Union Square Farmers Market** <https://www.facebook.com/unionsquaremarkets/>  
The market offers a wide range of locally produced vegetables, fruit, meat, eggs, fish, bread, cheese, mushrooms, baked goods, wine/hard cider and specialty foods in addition to weekly live music and activities. Location: 66-70 Union Sq. Somerville, MA.

### Things to do in the Greater Worcester Area (Grafton)

- **Canal District Farmers' Market:** <http://www.canaldistrictfarmersmarket.com/>  
The Canal District offers: Horse and Wagon Tours, Local Produce, Organic Produce, Bouquets from a Local Flower Farm, a Fish Share, Locally Raised Meats, eggs, Vegan and Gluten Free Goods, Local Wine, Plants, Sprouts, Herbs, Chocolates, gourmet cupcakes, Homemade Pasta, Baked Goods, Goats Milk Soap, Tea's. Alpaca Goods and Real Alpacas, Candles, Local Handmade Goods, Dog Treats, Pre-packaged Specialty Items, Cooking Demos, Maple Syrup, Honey, BBQ Sauce, Food Trucks, Coffee, a Coffee Lounge, Live Music, Yoga Classes and Italian Ice. The market is open on Saturdays year round 9am-12pm.
- **EcoTarium in Worcester:** <http://www.ecotarium.org/>  
The EcoTarium is a family-friendly, indoor-outdoor museum located in Worcester, Massachusetts. It offers three floors of interactive exhibits, exciting shows in the digital planetarium, daily Science Discovery programs, live animal habitats, hikes through forest and meadow nature trails, outdoor imaginative play, and a train ride around the grounds (seasonal).
- **Grafton Farmers Market:** <http://www.graftonfarmersmarket.com/>  
The market is a volunteer-managed market that provides locally Grown produce, baked goods, artisanal foods, and hand-crafted items during the New England growing season. The market operates from June-October in Grafton Common.
- **The Hanover Theater for the Performing Arts:** <http://www.thehanovertheatre.org/>  
The Hanover Theatre draws over 170,000 patrons annually with world-class performances and headlining acts including touring Broadway hits ("Les Miserables," "Mary Poppins," "Jersey Boys"); comedians (Steve Martin, George Carlin, Dave Chappelle); musical acts (Neil Young, Aretha Franklin, The Moody Blues, Diana Ross); and everything in between ("A Christmas Carol," Maya Angelou, Rudy Giuliani, Alvin Ailey American Dance Theatre). Since opening, the theatre has established its place as a world-class performing arts venue, acting as a catalyst for the economic development of downtown Worcester.
- **The Willard House & Clock Museum in Grafton:** <http://willardhouse.org/>  
The Willard House is a cultural and historical treasure hidden in the heart of Blackstone Valley. In addition to the beautiful architecture, which dates to 1718, the museum also features one of the finest collections of clocks in the world. Come by for a tour and see where time began in Blackstone Valley.



- Worcester Art Museum: <http://www.worcesterart.org/>



The Worcester Art Museum is world-renowned for its 35,000-piece collection of paintings, sculpture, decorative arts, photography, prints, drawings and new media. The works span 5,000 years of art and culture. View paintings by Cassatt, Gauguin, Goya, Monet, Sargent and Whistler; admire floor mosaics from the ancient city of Antioch; see cutting-edge contemporary art; and discover the Museum's many other treasures. Special exhibitions showcase the masterworks, seldom-seen gems, and important works on loan.



## English Language Resource List

### *Boston/Medford Campus*

#### ESOL Resource Directory

[http://www.englishatlarge.org/pdf/Greater\\_Boston\\_Literacy\\_Organizations.pdf](http://www.englishatlarge.org/pdf/Greater_Boston_Literacy_Organizations.pdf)

- Comprehensive list of English for Speakers of Other Languages (ESOL) agencies in the Greater Boston Area of Massachusetts.
- Also included are programs and classes in job preparation, citizenship, driver's education, GED, and computer literacy.

#### Centro Presente

<http://www.cpresente.org/what-we-do/adult-education>

- English for Speakers of Other Languages (ESOL) (basic, intermediate, and advanced levels)
- US History and Civics (in preparation for US Citizenship exam)
- Computer Literacy classes (basic computer usage, word processing, Internet and email proficiency)
- Classes are offered in 9-week cycles, 4 times a year

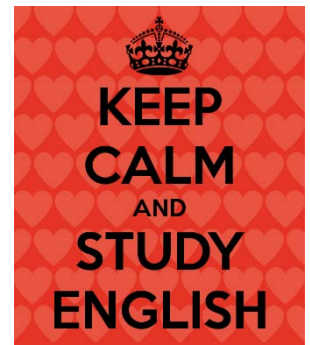
*12 Bennington Street, Suite 202 | East Boston, MA | 02128*

#### St. James Episcopal Church

<http://www.stjamesomerville.org/esl-at-st-james/>

- Free ESL Practice sessions
- No Sign up required
- Monday evenings 6-8pm

*1170 Broadway | Somerville, MA, 02144 | (617) 666- 1063*



#### SCALE – Somerville Center for Adult Learning Experience

<http://www.somerville.k12.ma.us/adult-learning/scale>

- Free classes
- Fees are charged ONLY for orientations, adult evening school, testing, and for the Adult Diploma Program
- may be waitlisted
- Monday- Thursday 8:00am- 8:00pm, Friday 8:00am-4:00pm

*167 Holland Street | Somerville, MA, 02144 | 617 629-5500*

## The Welcome Project

<http://www.welcomeproject.org/content/adult-education>

- Semester registration fee
- Scholarships available for Somerville residents
- 4 different levels for adult English language learners

Monday/Wednesday or Tuesday /Thursday schedule

- Morning classes 9:30am-12:00pm
- Evening classes 6:00pm-8:30 pm

530 Mystic Ave, #111 | Somerville, MA 02145 | (617) 623-6633

## Somerville Public Library Programs

<http://www.somervillepubliclibrary.org/services/esl>

- Free English language classes
- No registration required
- No waitlist – just show up!

### East Branch

115 Broadway

Session 1: Mondays 6:00-7:00 p.m.

Session 2: Mondays 7:15-8:15 p.m.

### Central Library

79 Highland

Session 1 and

2: Tuesdays 6:00-7:30 p.m.

### West Branch

40 College Ave

Session 1: Thursdays 6:00-7:00 p.m.

Session 2: Thursdays 7:15-8:15 p.m.

## ***Grafton Campus***

## Worcester Public Schools - Adult Learning Center

<http://worcesterschools.org/adult-education>

- Free classes
- English Proficiency/Literacy skills

### *ESL Schedule:*

Tuesday & Thursday 9:00- 11:30

Tuesday & Thursday 5:30- 7:30

### *Literacy Skills Schedule:*

Monday through Thursday 9:00am-11:30am

Monday through Thursday 5:00pm-7:30pm

Fanning Building | 24 Chatham Street | Worcester, MA 01609 | (508) 799-3091 or (508) 799-3171

### **Worcester State University – English Language Institute**

<http://www.worcester.edu/Intensive-English-Language-Institute/>

- Community ESL Program for all skill levels
- Intensive ESL Program for all skill levels
- Registration Required

*Shaughnessy Administration Building | Suit A-418|486 Chandler Street | Worcester, MA 01602*

### **Clark University – ESL for Worcester-Area Residents**

<https://www2.clarku.edu/school-of-professional-studies/esl/communityESL.cfm>

- ESL instruction at up to 6 levels
- Morning, afternoon and evening course offerings
- Registration required

*Clark University | 950 Main Street | Worcester, MA 01610 | (508) 793-7711*

### **Quinsigamond Community College – Adult Community Learning Center**

<http://www.qcc.edu/center-workforce-development-and-continuing-education/abe-esl>

- Beginner, Intermediate and Advanced skill levels
- In person registration required (contact Cindy Fanning @ (508) 751-7938 or [cfanning@qcc.mass.edu](mailto:cfanning@qcc.mass.edu))

*25 Federal Street | Worcester, MA01606*

### **Citizenship Assistance Agencies & ESL Classes in Worcester Area**

<http://citizenshipservices.blogspot.com/2007/06/esl-classes-in-worcester-area.html>

- Extensive list of ESL classes in and around Worcester, Massachusetts
- Also includes HiSET (formally GED) Classes and Local Citizenship Classes



## Registering your children in School

### ***An overview of the American Education System***

The American education system is unlike that in many other countries. Formal schooling lasts 12 years, until around age 18. Compulsory schooling ends by age 16 in most states; all other states require students to attend school until they are 17 or 18. All children in the United States have access to free public schools. The education system is divided into three levels: elementary/primary education, secondary education, and postsecondary/higher education (college or university).

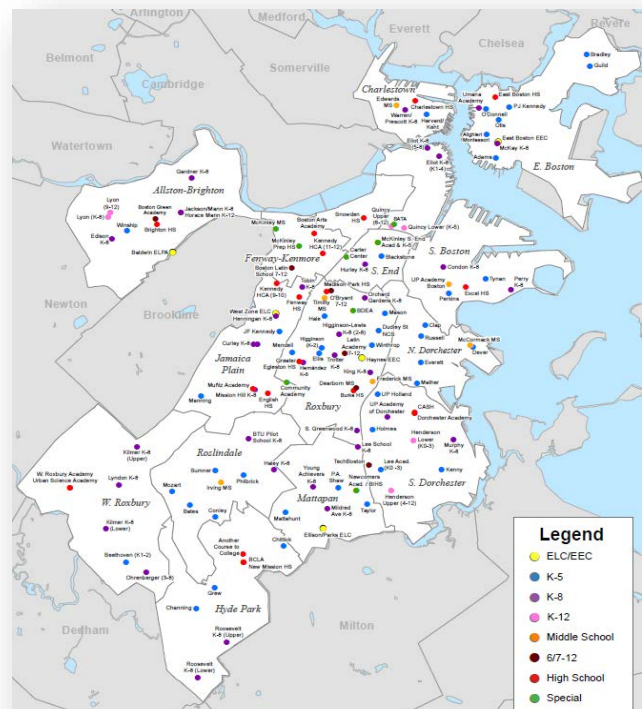
Every State has its own department of education and laws regulating finance, the hiring of school personnel, student attendance, and curriculum. Though the U.S. Federal government contributes approximately 10% to the national education budget, education is primarily the responsibility of state and local government. Public schools have also relied heavily on local property taxes to meet the vast majority of school expenses. American schools have thus tended to reflect the educational values and financial capabilities of the communities in which they are located. Consequently, there is huge variation among schools regarding courses, subjects, and other activities. For more information about the American Education System read the [“Guide to the Education System in the United States”](#) by the University of Minnesota.

### ***Boston Public Schools***

Boston, Massachusetts has an estimated population of 667,137 inhabitants. 44.6% of the population is comprised by White Americans, African Americans represent 25.3% of the total population. Hispanics or Latinos and Asians comprise 19.5% and 9.4% of the total population respectively. Almost 17,000 children (30% of all students) in the Boston Public Schools system are English language learners (ELLs).

The Boston Public Schools system is comprised by the following neighborhoods:

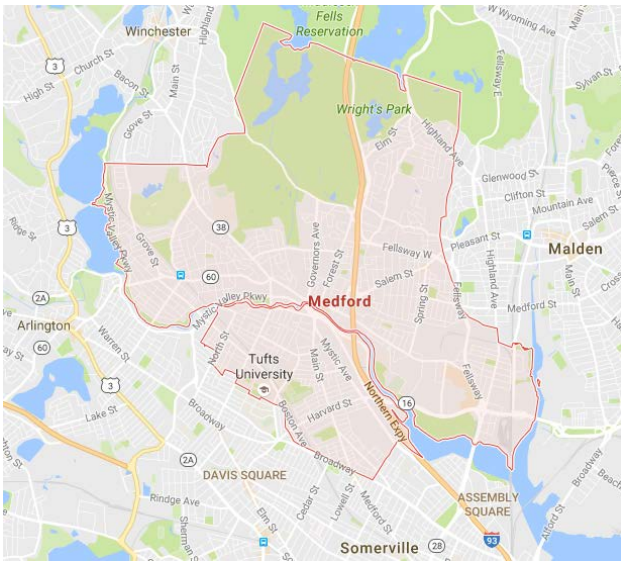
- Allston
- Brighton
- Charlestown
- Dorchester
- East Boston
- Fenway-Kenmore
- Hyde Park
- Jamaica Plain
- Mattapan
- Roslindale
- Roxbury
- South Boston
- South End
- West Roxbury



## **Medford Public Schools**

Medford, Massachusetts is a city of a population of 57,403 inhabitants. 78.6% of the city's population is comprised by White Americans. Meanwhile, African-Americans represent 8.8% of the population, 6.9 % of the population are Asians and 4.49% are Hispanics or Latinos.

To register your child on one of the Medford Public Schools contact The Parent Information Center. The Center is located in the main lobby of Medford High School, 489 Winthrop Street. You can also contact the Center at 781-393-2132 or by email at [parentinfocenter@medford.k12.ma.us](mailto:parentinfocenter@medford.k12.ma.us) . Appointments are encouraged. Please call or email for your appointment and a list of items needed for your appointment.



The school district serves students K-12. Students in Kindergarten through fifth grade are assigned to the school in their proximity. Parents of middle school students may choose either the John J. McGlynn K-8 School or the Madeleine Dugger Andrews 6-8 School. Students are assigned according to space availability, sibling placement and diversity plan guidelines. Grades 9-12 are assigned to Medford High School. To learn more about the Medford Public Schools visit this website: <http://www.medfordpublicschools.org/>

Download a registration form here and submit the documents below with it:

<http://www.medfordpublicschools.org/wp-content/uploads/2015/10/201510290852-1.pdf>

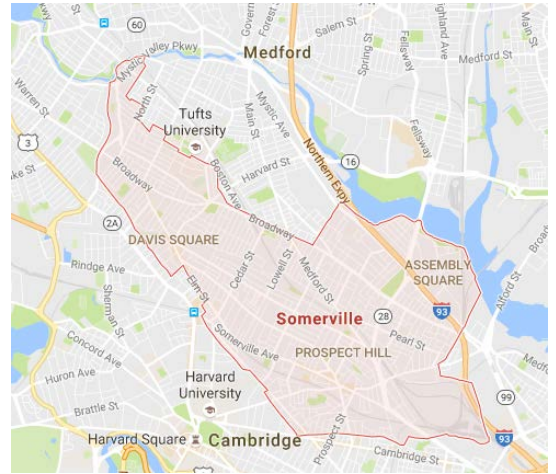
- Birth Certificate
- Immunization Records (a school nurse will review the record to ensure compliance with Massachusetts Department of Public Health requirements)
- Physical Examination (1 year old or less) with tuberculosis risk assessment/screening
- Two forms for proof of residency (utility bill, or rental lease agreement, mortgage statement)
- Photo ID of parent/guardian

## **Somerville Public Schools**

Somerville, Massachusetts is a city of a population of 80,318. White Americans comprise 73.9% of the entire population. 6.8 % of the population identify as African-Americans, 8.7% Asians and 10.6% are Hispanics or Latinos.

The Somerville Public School System is a home to more than 5,000 students. The system is comprised by eight districts that serve children in grades pre-Kinder through 12<sup>th</sup> grade. You must reside in the city of Somerville to register your children in any of the eight district K-8 schools.

More than 50% of the SPS student population speaks a language other than English at home, and nearly 18% of our students receive some form of English language instructional support. In all ELL programs, students learn English as a Second Language while also learning grade-level content.



Find tips on how to choose a school by visiting the Somerville Public Schools website:

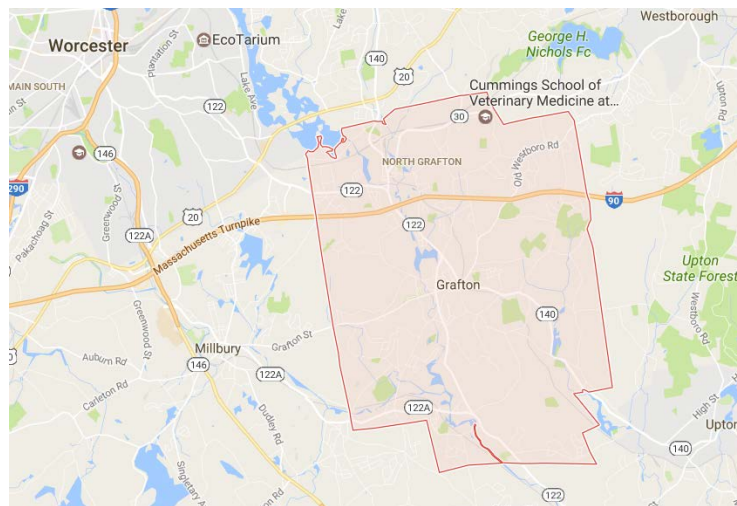
<http://www.somerville.k12.ma.us/>

Download registration information for students in the following grades:

- [Preschool](#)
- [Kindergarten](#)
- [K-8](#)
- [High School](#)

To register your child in the Somerville Public School district complete one of the registration forms and bring it or mail it to: Somerville Public Schools: Parent Information Center, 42 Prescott Street, Somerville, MA 02143

### ***Grafton Public Schools***



Grafton is a town in Worcester County, Massachusetts. The town's population is approximately 17,765 inhabitants. White Americans comprise 85.5% of the entire population, followed by Asians, (7%) Hispanics or Latinos (4%), and African Americans (2.9%).

To register a child in in one of the schools in Grafton you need to contact the school office to set a time for a visit, tour, and registration.

### **Early Childhood Education**

- North Grafton Elementary School serves as an early childhood institution with programs for preschoolers, kindergarteners, and 1<sup>st</sup> graders. Phone: 508-839-5483

- South Grafton Elementary School is an early childhood school with Preschool and Kindergarten programs. Phone: 508-839-5484

**Elementary Education: Grade 2 to 6**

- North Street Elementary: Phone 508-839-5428
- Millbury Street Elementary School: Phone 508-839-0757

**Middle School: Grade 7-8**

- Grafton Middle School: Phone 508-839-5420

**High School: Grade 9-12**

- Grafton High School: Phone: 508-839-5425

Before visiting one of the schools, visit the Grafton Public Schools website:

<http://graftonps.org/Domain/761> and download and print the required registration forms.

You will need to present the following documents for each of the children that you will be registering at school:

- Original Birth Certificate
- Immunization Records
- Evidence of Residency, Occupancy and Identification

You will be required to show at least one document to confirm your residency, occupancy and personal identification.

For more information about Grafton Public Schools please visit their website at:

<http://www.graftonps.org/>